



46 POCO TRAIL



PORT COQUITLAM *Hardpacked dyke trail* **25km • 35km**

The POCO TRAIL is one of the most popular rides in Metro Vancouver. It's flat, off road, and scenic...the perfect combo for a great day. The trail circles Port Coquitlam weaving through parks and on the dykes of three rivers: Coquitlam, Pitt, and Fraser. The route has many starting points and is Skytrain accessible.

FROM SKYTRAIN: E Guildford then Ozada, at playground R/S Coquitlam River Trail, L across Blue Bridge, R/S POCO TRAIL to Lions Park

START at Lions Park near Lougheed & Shaughnessy - Port Coquitlam

- 1** From Lions Park **SOUTH** on POCO TRAIL
- 2** **WEST** Pitt River Road through parking lot, **LEFT/S** on trail under Red Bridge, **LEFT/W** Pitt River Road *on sidepath
- 3** **LEFT/S** Sheep Paddock Trail, **LEFT/S** on Home Farm Trail, *explore Colony Farm trails, **LEFT/E** Millenium Bridge, **RIGHT/S** on trail
- 4** At **SE** corner of park - cross Mary Hill Bypass at Shaughnessy, go **EAST** along dyke trail

- 5** At Pitt River Bridge continue **NORTH** along Pitt River
- 6** ***MINNEKHADA LOOP • 10km**
RIGHT/E DeBoville Slough Trail,
LEFT Oliver (may be closed for bears)
- 7** At Cedar and Victoria **SOUTH** on trail on east side parallel to road, **RIGHT/W** Hyde Creek trail
- 8** **WEST** Patricia, follow signs through Wellington Park, **LEFT/S** Coquitlam River back to Lions Park



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